

# 3rd COCCYX Symposium<sup>360°</sup>

The tailbone and its neighborhood –  
a 360° perspective



Algesiologikum  
Akademie

Munich 2020, July 1-2  
www.coccyx2020.com

## Programm (Stand 20.02.2020) 2020, July 1<sup>st</sup>

08:00-08:45	<b>REGISTRATION</b>		
08:45-09:00	<b>WELCOME AND INTRODUCTION</b>	THE COCCYX AND ITS NEIGHBOURHOOD	R. Thoma, Munich
09:00-10:30	<b>Grundlagen der Coccygodynie (Steißbeinschmerz)</b>		Chair: J.-Y. Maigne, Paris, F
		HISTORY OF COCCYDYNIA	Jon Miles, Oxford, UK
		ANATOMY OF THE COCCYX AND ITS NEIGHBOURHOOD	J. Woon, Wellington, NZ
		PATHOPHYSIOLOGY OF PAIN - MECHANISM-ORIENTED PHARMACOLOGICAL THERAPY	R. Sittl, Fürth, D
10:30-11:00	COFFEE BREAK		
11:00-12:30	<b>Diagnostik der Coccygodynie (Steißbeinschmerz)</b>		Chair: P. Foye, Newark, US
		DYNAMIC FILMS. TECHNIQUE AND RESULTS.	J.-Y. Maigne, Paris, F
		CLINICAL EXAMINATION OF THE PAINFUL COCCYX	J.-Y. Maigne, Paris, F
		MR, CT AND ULTRASOUND OF THE COCCYGEAL AREA	G. Bodner, Vienna, A
12:30-14:00	LUNCH BREAK		
14:00-15:30	<b>Das Steißbein und seine es umgebenden (schmerzhaften) Strukturen</b>		Chair: D. Koulousakis, Munich, D
		MUSCLES AND LIGAMENTS - MYOFASCIAL PAIN OF THE PELVIC FLOOR	M. Slieker, Dordrecht, NL
		BONES AND JOINTS - THE SACROILIAC JOINT	P. Sigg, Ravensburg, D
		THE COCCYX AND ITS NEIGHBORHOOD - NEURO-UROLOGICAL ASPECTS	A. Angermund, Munich, D
15:30-16:00	COFFEE BREAK		
	<b>PODIUSMDISKUSSION zu einem Fall eines Patienten mit Steißbeinschmerzen</b>	"IF ALL YOU HAVE IS A HAMMER, EVERYTHING LOOKS LIKE A NAIL" (A. MASLOW) THE TAILBONE AS A NAIL - LOOKING FOR THE RIGHT HAMMER CASE REPORT AND SHORT PRESENTATION OF FOUR TREATMENT OPTIONS, FOLLOWED BY A PANEL DISCUSSION	C. Schiessl, Munich Moderation
		1 PHYSIOTHERAPY	M. Slieker-ten Hove, Dordrecht, NL
		2 PSYCHOLOGICAL PERSPECTIVE	B. Klasen, Munich, D
		3 INTERVENTIONAL THERAPY	P. Foye, Newark, US
		4 NEUROMODULATION	D. Koulousakis, Munich, D
18:00	GET TOGETHER		

- Requested

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## 2020, JULY 2<sup>ND</sup>

09:00-10:30	<b>Verbesserung der Therapie von Schmerzen im Becken und Steißbein I</b>		Chair: W. Demmel, Munich, D
		TREATMENT OF PUDENDAL NEUROPATHY	C. Maihöfner, Fuerth
		INTERVENTIONAL TREATMENT	P. Foye, Newark, US
		THE ROLE OF CANNABINOIDS	W. Zieglgänsberger, Munich
10:30-11:00	COFFEE BREAK		
11:00-12:30	<b>Verbesserung der Therapie von Schmerzen im Becken und Steißbein II</b>		Chair: Marijke Slieker, Dordrecht, NL
		TREATMENT OF MYOFASCIAL PELVIC PAIN	Sytske Lohof-Venema, NL*
		RISK FACTORS AND MECHANISMS OF CHRONIC PELVIC PAIN	B. Klasen, Munich
		SEXUAL MEDICINE IN PELVIC PAIN	N.N
12:30-14:00	LUNCH BREAK		
14:00-15:30	<b>Verbesserung der Therapie von Schmerzen im Becken und Steißbein III</b>		Chair: L. Doursounian, Paris, F
		PELVIC PAIN AFTER CHILDBIRTH: A NEGLECTED TOPIC?	E. Baurtant, Aix-en- Provence, F
		NEUROMODULATION OF PELVIC PAIN	R. Thoma, Munich, D
		COCCYGECTOMIES: INDICATION AND RESULTS - 25 YEARS EXPERIENCE	L. Doursounian, Paris, F
15:30-16:00	COFFEE BREAK		
16:00-17:30	<b>Was gibt es Neues in der Diagnostik und Therapie der Coccygodynie?</b>		Chair: R. Thoma, Munich, D
16:00-16:15		RESULTS OF CT-GUIDED INTERVENTIONS IN COCCYDYNIA	E. Gurkan, Istanbul, TR
16:15-16:30		INTERDISCIPLINARY MULTIMODAL THERAPY	N.N
16:30-16:45		NEUROSTIMULATION OF PUDENDAL NERV	W. Demmel, Fürstenfeldbruck, D
16:45-17:00		OUTCOME OF COCCYX SURGERY IN COCCYGODYNIA	Knobloch RG, Trondheim, NO
17:00-17:15		MANUAL THERAPY FOR COCCYX PAIN AND PUDENDAL NEURALGIA	Michael Durtnall, London, UK
17:15-17:30		FREE PRESENTATION	NN
17:30	<b>CLOSING REMARKS</b>		R. Thoma, Munich

CHANGES POSSIBLE

- Requested